EXPERTISE OF A SURGEON WITH A WOMAN’S TOUCH

VANISHING VEINS, a Center of Excellence for vein care, was founded by Dr. Lori Greenwald in 2003. It has been featured in Money Magazine and the Consumer’s Research Council of America as one of America’s Top Vascular Surgeons and Phlebologists. She is the only woman in the state of Connecticut with Board Certification in Vascular Surgery and is a diplomat in Phlebology, the specialty of vein care. This prestigious combination of certifications makes her one of a few elite vein specialists.

With decades of experience, Dr. Greenwald has brought together a knowledgeable and welcoming staff, where each patient receives the highest quality personalized care in a serene and state-of-the-art medical facility. Dr. Greenwald’s expertise, devotion and compassion set Vanishing Veins apart from other vein clinics. The location in Bloomfield, CT was carefully chosen because it gives easy access from all parts of the state, as well as MA, NY & RI. Visit: www.VanishingVeins.net

SURGICAL RESULTS WITHOUT SURGERY

POUNDS MEDICAL WEIGHT LOSS TRANSFORMATION’s goal is to help you safely achieve your weight loss goal and maintain a lifetime of healthy weight. Pounds not only will help you lose weight, but focuses on improving and preventing chronic medical conditions such as diabetes, hypertension, elevated cholesterol and arthritis through weight management. The healthcare team recognizes that being overweight is not a choice but is often times the result of underlying metabolic dysfunctions that can be medically treated.

The weight loss team consists of Dr. Charles Cavo, Michelle Cavo, PA-C, and Linda Armitstead, RN. They are all Weight Loss Management Specialists. This is an affordable program and enrollment may be covered by various insurance plans. As active members of the American Society of Bariatric Physicians, the program is designed as a typical 12-week program; they emphasize the importance of accountability, education, behavioral modification and long-term maintenance. Additionally, they encourage a team approach to weight loss and work closely with patients’ primary care physicians if desired. Visit: www.PoundsMedicalWeightLoss.com

SHARING THE CARING

Located on the beautiful grounds of Our Lady of The Angels Convent in Enfield, FELICIAN ADULT DAY CENTER operates an independent, non-profit agency that is governed by a volunteer board of directors and benefits from the Felician Sister corporate oversight. Director Karen Enders & her staff work together maintaining a high staff/client ratio that allows safe, warm, individualized care in a “home away from home setting”.

Felician Adult Day Center serves the frail elderly, people with heart problems, diabetes, cerebral palsy, Alzheimer’s disease, Parkinson’s disease, dementia, neurological disorders and people with other mental & physical challenges. For therapeutic recreation, they offer exercise, arts & crafts, educational & cultural programs, music therapy and entertainment. Nutritious meals are provided daily. The Center provides a nurturing and therapeutic program that supports clients in the Felician Franciscan tradition and spirit. Volunteers & donations are always welcome. Visit: www.FelicianAdultDaycare.org

MEDICARE INSURANCE SOLUTIONS

Medicare insurance should provide peace of mind, and it will when arranged by Elizabeth Ross at SENIOR FINANCIAL SERVICES BY ROSS. She will help you understand your Medicare Choices and make sure you feel comfortable with your choice. Elizabeth will take the time to understand your situation, and make personal recommendations based on your conversations. She will treat you & your parents as she would her own parents.

Elizabeth works with UnitedHealthcare®, more people trust their Medicare coverage to UnitedHealthcare® than any other company. She will also be your daily money manager and help with ordinary household financial responsibilities, including financial records, bank statements, bill payments, & filing of paperwork. Elizabeth offers long-term care insurance through Genworth Life Insurance Company®, as well, so you will be able to pay for the care you need when you can no longer care for yourself. Visit: www.SeniorFinancialServicesByRoss.com

EXPERIENCED, KNOWLEDGEABLE & DEPENDABLE

When you make the decision to have windows, doors, roofing or siding done to your home, the next step is finding competent craftspeople who will do the job professionally, on schedule and at a competitive price. For many homeowners throughout Greater Hartford, that company is Finman Windows. Finman Windows & Finman Construction are members of the BBB & West Hartford Chamber of Commerce. Contact them or visit their website for an in-home estimate. Visit: www.FinmanWindows.com

BOARD CERTIFIED PAIN SPECIALISTS

Patients who come to ADVANCED PAIN & SPINE CARE to see Dr. Roshti N. Patel often have pain that has not responded to treatment by other physicians. They often have chronic pain that has been with them for a long period of time. Dr. Patel is Board Certified in Neurology & Pain Medicine.

As a pain specialist, Dr. Patel’s goal is to optimize pain control, minimize adverse outcomes & costs, enhance functional abilities and physical & psychological well-being and enhance quality of life. She treats back, neck & shoulder pain, including herniated discs, spinal stenosis, complex regional pain syndrome (complex sympathetic dystrophy), muscle & joint pain, disorders of the nervous system, including shingles and trigeminal neuralgia (facial pain), post laminectomy pain (failed back surgery syndrome), post fusion pain, cancer pain and pain associated with osteoporosis and vertebral compression fractures. Dr. Patel performs all the treatment procedures within the field of interventional pain management. Visit: www.GroveHill.com

INTEGRATIVE WOMEN’S HEALTHCARE

Rachel Donovan, CNM, MSN at the BALANCED HEALTH CENTER meets the health needs of women of all ages. Starting with adolescence, Rachel & her caring staff offer a variety of traditional & alternative therapies for each individual. All care encourages health and wellness of the mind, body & spirit.

Rachel provides annual GYN and prenatal care, nutrition & lifestyle counseling, energy healing & bio identical hormone therapy. She has provided women’s health care since 1990. The importance of integrative services and how best to help each individual has expanded Rachel’s practice to include a variety of therapies. Care begins with getting to know each person; their concerns and goals; assist in the diagnosis, treatment & rehabilitation of health. Rachel uses lifestyle coaching, including nutrition, exercise, meditation & supplements as a first step therapy. We are often able to heal ourselves by adjusting our outlook and choices. Rachel blends her traditional training with the many alternative therapies she continues to study to meet the changing needs of women. Her greatest tool is her ability to listen and know how to support each woman through life changes that impact their health. Visit: www.BalancedHealthCT.com

SEEING WHAT’S WRONG - DOING WHAT’S RIGHT

COMPANION MRI is the most affordable and the only dedicated, full time Veterinary MRI Center located in Central CT. If you were having seizures, couldn’t use your arm/legs or had pain while walking, your doctor would send you for an MRI. The same care is available for your pet. An MRI can provide you and your Veterinarian the most advanced diagnostic medical test. Properly treat the problem and many times save the life of your pet. You DO NOT have to see a specialist first! Your family Veterinarian refers directly to us, which lets you remain in a comfortable, trusted setting.

Comp万里 MRI has made the difference in so many pets and owners lives in getting the right diagnosis. It is especially useful for all neurological issues, orthopedic conditions, diagnosing tumors and infection, and when other costly procedures like X-ray, Ultrasound, CT, and blood work are not getting you the answers you need. Visit: www.CompanionMRI.com

SPECIALIZING IN FIBROMYALGIA

Chiropractic care, in contrast with allopathic & osteopathic medicine, avoids the use of prescription drugs and major surgery. With more than 27 years of experience, James A. Eckert, DC, of ALL HEALTH CHIROPRACTIC specializes in the treatment of Fibromyalgia. Fibromyalgia affects millions and creates a variety of health disorders, including headaches, burstis, pinched nerves, sciatica, muscle spasms, scoliosis, personal injury, family care, work & auto accidents, Carpal Tunnel Syndrome, Workers’ Compensation cases, back pain & joint problems. Their advanced methods of spinal adjustments, physical therapy & therapeutic exercises result in faster healing time and better overall health. Visit: www.EckertChiro.com

TURNING ORDINARY INTO SOMETHING SPECIAL

GLEDHILL is a family-owned and operated landscape/garden center, serving the Hartford region since 1922. Located on nine beautiful acres, their center includes a greenhouse, gift shop and landscape offices. They concentrate on landscape design & construction, and offer a garden center which is known for quality and out-of-the-ordinary garden items.

Gledhill’s awarding winning landscape designers will visit your site and discuss various design options to fit your budget. They specialize in the design & installation of walkways, stone walls, water gardens, grading and drainage. The garden center carries a large selection of annuals, perennials, shrubs & trees. They also offer fertilizers, soil and bark products, pottery and statuary. Owner Bob Powell and his professional staff invite you to walk through Gledhills park-like setting to explore their mountain stream and spring-fed ponds, gazebos, display gardens and more. Visit: www.companionMRI.com